effective study skills

UNLOCK YOUR POTENTIAL

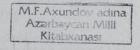


GERALDINE PRICE AND PAT MAIER

Effective study skills

Geraldine Price and Pat Maier





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UNLOCK YOUR POTENTIAL

GERALDINE PRICE AND PAT MAIER



An accessible, student-friendly handbook covering the essential skills that every student requires to get the most out of any university course.

"I would definitely recommend this to my friends and future students ... and I wish I had had a similar handbook when I had started university"

Natasha, student

Effective Study Skills provides tried and tested advice and guidance on the most important academic and study skills that you will require throughout your time at university and beyond. Presented in a practical and easy-to-use style it demonstrates the immediate benefits to be gained by developing and improving these skills during each stage of your course.

Effective Study Skills covers all of the key skills areas that will have the most impact on your performance and success on whatever course you are studying, including:

- Effectively managing your time and stress
- Getting the most out of lectures and tutorials
- Improving your revision skills and exam performance
- Mastering critical thinking, argument and analysis
- Developing successful reading and note-taking strategies
- Essay planning and academic writing techniques
- Working in groups and effective presentation of assignments and projects

All of these skills, which are as essential in the workplace as they are on an academic course, are covered in detail, giving you invaluable practical advice and guidance on how to increase your performance, grades and abilities. Real-life examples, self-assessment exercises and end-of-chapter quizzes will help you to assess your current skills levels, develop them further and learn how to apply them in work and study.

"A fantastic resource - having read the book I think that it is brilliant! Not only is it very informative, but the writing style is so user-friendly that students will not be able to put it down."

Michelle Cowen, Lecturer



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